



CAMP SCHEDULE



THURSDAY

2 - 5 pm	Sign in
4 pm	Friendship Walk
5 - 6 pm	Cabin Dinner
6:30 - 7:30 pm	Opening Circle
7:30 - 9 pm	Sound Healing + VIBES
9 pm onward	Soul Vibes - to explore & connect

FRIDAY

7 am	Yoga, Nature Hikes, Meditation
8 am	Breakfast
9 am	Opening Circle
10 am	Workshops - Compassion to Self
11:15 am	Workshops - Compassion to Others
12:30 pm	Lunch
1:30 - 2:30 pm	Cabin Workshops
2:30 - 5:30 pm	Camp Games
5:30 - 6:30 pm	Dinner
7 pm	Closing Circle
8:30 pm	Ecstatic Dance
9:30	Soul Vibes - connection & community



SATURDAY

7 am	Yoga, Nature Hikes, Meditation
8 am	Breakfast
9 am	Opening Circle
10 am	Workshops - Compassion to Self
11:15 am	Workshops - Compassion to Others
12:30 pm	Lunch
1:30 - 2:30 pm	Cabin Workshops
2:30 - 5:30 pm	Camp Games
5:30 - 6:30 pm	Dinner
7 pm	Closing Circle
8:30 pm	A Musical Surprise
9:30	VIBE Time

SUNDAY

7 am	Yoga, Nature Hikes, Meditation
8 am	Breakfast
9 am	Friendship Game
12 - 1 pm	Lunch
2 pm	Goodbye for now!



COME HOME 2020